

## SHOPPING SERVICES

### City of Glen Cove

- 516-676-6182

### City of Long Beach “Shopper Special”

- 516-431-4445

### (King Kullen – Wild by Nature)

- 631-736-6181
- josshopser.com

### PeaPod.com – Stop N Shop

- 800-573-2763

### Town of Hempstead

- 516-485-8100

### Town of North Hempstead

- 516-869-6311

### Town of Oyster Bay

- 516-797-7900

## SPEECH & HEARING IMPAIRED

### League for Hard of Hearing

- 917-305-7700

### Mill Neck Foundation

- 516-922-4100

### Mill Neck Interpreter Service

- 516-512-6222

### New York Society for the Deaf

- 516-877-2620 Voice/TTY

### Self-Help for Hard of Hearing People

- 5516-763-7444

### Wantagh Senior Deaf Club

- 516-733-7009

## SOCIAL SERVICES

### AARP

- 888-687-2277

### Child Health Plus

- 800-698-4543

### Food Stamps

- 516-227-8523

### Health and Welfare Council

- 516-483-1110

### Social Security and SSI Unit

- 800-772-1213

### VA Benefits

- 516-572-6560

## SUBSTANCE ABUSE

Al-Anon – 516-433-8003

Alcohol and Drug Helpline – 516-481-7000

Alcohol Treatment-24 Hours – 800-711-6375

Alcoholics Anonymous - AA – 516-292-3040

Family & Children’s Association Chemical

Dependency Treatment Center – 516-486-7200

Long Island Family Enhancement – 516-652-5102

Mercy Family Treatment – 516-565-0215

Narcotics Anonymous-NA – 516-827-9500

## SUPPORT GROUPS

ALS Association – 800-782-4747

American Kidney Fund – 866-300-2900

Arthritis Foundation – 212-984-8700

Compassionate Friends – support for loss of child

- 877-969-0010

LIACC - Long Island Alliance for AIDS Care

- 877-565-4222

Lupus Alliance – 516-783-3370

National Parkinson’s Foundation – 800-473-4636

## TRANSPORTATION

### Able Ride

- 516-228-4000

Center for Independent Living (members only)

- 516-796-0144

FISH – Friends in Service to Humanity

- 516-692-2123 – New Hyde Park
- 516-861-6032 - Wantagh

JASA Medical Transportation

- 516-897-1895 – Long Beach

NICE – Nassau Inter-County Express – 516-288-4000

## VETERANS

### DAV Transport

- 631-261-4400 x7487

US Department of Veterans Affairs

- 800-827-1000

VA Crisis Intervention

- 800-273-8255

## VISITING PHYSICIANS

Advanced Internal Medicine – 516-352-8100

Arrendono, Frederick – 516-378-4818

Dawoodi, Karoosh – 516-395-2224

Home Visiting Eye Service – 516-565-2616

House Call Service – 516-352-8100

NY House Calls – 866-268-0257

Veliath, John G. – 516-338-5300

Visiting Physicians – 516-922-1056

Wolff, Edward – 516-498-1818

## VISITING PODIATRISTS

Albertson Foot Care – 516-621-3721

Aryel, Nicoleru – 718-776-9222

Dinneimann, Arik M. – 516-338-6906

Ginsberg – 516-486-0966 – West Hempstead

Horowitz, Mitchell – 516-679-2720

## VISUALLY IMPAIRED

American Council for the Blind – 800-424-8666

Catholic Charities – 631-789-5219

Helen Keller Services for the Blind – 516-944-8900

Talking Books – 516-292-8920 x222

VIP Club Center – 516-516-7051



## Community Resource Directory

### NASSAU

*This Resource Directory is a referral tool to assist you in linking to various organizations that offer assistance based on your needs. The information furnished in this directory is not meant to be a comprehensive listing of every service available. Inclusion of these resources does not represent endorsement of the organization or its program, nor does exclusion represent lack of endorsement. You have the right to choose any organizations you wish to utilize. For more resources please visit <https://211longisland.communityos.org> or <http://thegoldenguide.org>*

## ALZHEIMER'S DISEASE

### Alzheimer's Association

- 631-629-6950 (Melville)
- 631-935-1033 (Ronkonkoma)

### Alzheimer's Day Programs

- 516-742-0851 – Herricks
- 516-374-9253 - Hewlett

### Alzheimer's Disease Resource Center

- 631-580-5100

### Alzheimer's 24-hr Helpline

- 800-272-3900

### LIAF – Long Island Alzheimer's Foundation

- 516-767-6856

## AMBUULETTES

### Hunter Ambulette

- 877-862-5600

### Medicaid Logististics

- 877-83-5602

## CANCER

### Adelphi University Breast Cancer Hotline

- 800-877-8077

### American Cancer Society

- 516-921-6016
- 800-227-2345 Road to Recovery
- 212-492-8400 Hope Lodge

### Cancer Care

- 800-813-4673

### Cancer Hotline

- 800-877-8077

### Teal Tea Foundation

- 855-832-5832

## DOMESTIC ABUSE

### DSS Protective Services

- 516-227-8083 – Adult
- 516-227-8076 – Child

### Family Anonymous Hotline

- 800-736-9805

### National Center for Victims of Crime, Abuse and Domestic Violence, Rape

- 202-467-8700

### National Child Abuse Hotline

- 800-422-4453

### Safe Line Domestic Hotline

- 516-542-0404

## Victims Information Bureau of Suffolk – VIBS

- 631-360-3606

## HOSPICE

### GOOD SHEPHERD HOSPICE

- 631-465-6300

### Hospice Care Network

- 516-832-7100

### The Tuttle Center

- 516-382-8112

## HOUSEKEEPING

### Merry Maids

- 877-868-1718
- merrymaids.com

### Teresa's Family Cleaning

- 516-932-5326

## HOUSING/REPAIRS

### Catholic Charities

- 516-733-7076

### FamilyService Association

- 516-485-3425

### Rebuilding Together

- 516-541-7322

### Section 8

- 516-292-0808

### Senior Property Tax Exemption

- 516-571-1500

### Stanon Management

- 516-486-1000

## IMMIGRATION

### Catholic Charities

- 631-789-5210

### Center for Immigration Rights

- 212-505-6890

### Immigration Hotline

- 212-206-6500
- 718-899-4000
- 800-375-5283

## INSURANCE & MEDICAID PLANNING

### Community Health Advocates

- 888-614-5400

### Nassau-Suffolk Hospital Council, Inc.

- 631-656-9783

- coverage4health.com

- nshc.org

### Public Health Solutions

- 646-632-5986

## LAUNDRY SERVICES

### Wash Club of Long Island

- 516-272-4699
- washclublongisland.com

### Spin Sudz Laundry Service

- 631-213-7557
- spinsudz.com

## LENDING CLOSETS

### St. Brigid's Parish

- 516-334-0021

### Westbury Neighborhood Association

- 516-333-0207

## MEALS ON WHEELS

### Catholic Charities

- 631-789-5219

### EAC – Hempstead

- 516-539-0150

### INN – Interfaith Nutrition Network

- 516-486-8506

### Salvation Army

- 516-623-2008– Freeport/Roosevelt

## MEDICAL EQUIPMENT

### Acorn Stairlifts

- 877-271-6719

### Amputee Walking School

- 631-467-3725
- 212-606-1262

### Nassau County Office of the Aging

- 516-227-8900

### Scooter Store

- 866-365-5052

### TRAID-IN

- 800-624-4143

## MEDICATION ASSISTANCE

### EPIC – NYS Drug Assistance Program

- 800-332-3742

### Needymeds.com

- Under 65 - \$15 co-pay

## Select Care Benefits

- 877-331-0362

## Walmart/Target - \$4-\$5 per Prescription

- 573-996-7300

## MENTAL HEALTH SERVICES

### Catholic Charities

- 516-623-3322

### Central Nassau Guidance

- 516-822-6111

### FEGS

- 516-485-5710

### LI Crisis Center

- 516-826-0244
- 516-679-1111 - Hotline

### Mental Health Association

- 516-489-2322

### Mercy Mental Health

- 516-255-2331

### Middle Earth Crisis Hotline

- 516-679-1111 – 24 Hours

### Peninsula Counseling

- 516-569-6600

### Psych Emergency Crisis Team

- 516-572-6419

### South Nassau Counseling

- 516-377-5400

### Southeast Nassau Guidance

- 516-221-3030

### Suicide Hotline - 631-751-7500

## RESPITE

### EAC Respite

- 516-489-7733

### Steadfast Companions

- 516-741-0570