

Patient Name: _____

You have a:

- PICC
 Mid Line
 Hickman/Broviac
 Groshong
 Implanted Port
 Short Peripheral

How to Administer Your Infusion Medication: Plan ahead to avoid interruptions

1. **Wash** hands and wrists thoroughly for 15 to 30 seconds

- Rinse with fingers pointing down
- Dry hands with a clean paper towel and turn off faucet with a dry paper towel



2. **Gather** and set up supplies on a clean surface

- Pole and sharps container
- Medicine tubing, medication bag, and alcohol wipes
- Prefilled flush syringes as instructed by the nurse



3. **Check** your medication's label for your correct

- Name and date of birth, medication and dosage
- Expiration dates, do not use anything that is expired

4. **Prepare Tubing,**

- Close all clamps, turn dial to OFF
- Remove paper and untwist, place on clean surface



5. **Activate and Mix** your medicine as taught by your nurse

6. **Attach tubing spike to medication bag.**

- Pull off protective cover from the medication bag and from the IV tubing spike.
- Once uncovered, be very careful not to touch.
- Firmly push the spike into the medication bag.

7. **Hang medication** bag on pole.

- Gently squeeze the drip chamber once so the chamber is filled halfway.
- This prevents extra air in tubing and allows you to see the medicine dripping.



8. **Prime Tubing**

- Turn Dial to ordered rate.
- Open Clamp to replace air with medicine. Make sure there are no air bubbles in the tubing.
- Close Clamp

9. **Prepare the ordered prefilled flush syringe** as directed by your nurse.

- Remove protective cover.
- Pull back on plunger to break seal. Point the syringe upwards and gently push up to expel air.
- Set it aside



Patient Name: _____

10. Flush your device.

- Cleanse your injection cap, with an alcohol pad, for 15 seconds, using friction.
- Connect the syringe into your injection cap with a gentle push and twist motion.
- Push approx ½ of the solution in, stop and wait a moment, and then push the remainder
- Hold the injection cap and remove the syringe by gently untwisting



11. Attach your IV medicine tubing

- Remove protective cap from your IV medicine tubing
be careful not to touch the open end
- Push and twist your IV medicine tubing into your injection cap
- Raise IV Pole above your head
- You should try to remain seated during infusion where you can see your clock



12. Start your medicine:

- Check your dialed rate, make sure it is set correctly as instructed by your nurse
- Open the clamp and start your medicine infusion



13. When Medicine bag is empty,

- Close the clamp (roll down or pinch)
and get ready to disconnect the medicine tubing
- Open the protective tubing cap that covers the end of the medicine tubing
and set aside
- Hold the injection cap in one hand, untwist the medicine tubing in the other hand
- Place protective tubing cap on the end of the medicine tubing and hang it on the IV pole
- You will re-use this medicine tubing for _____ hour/day, before you open a new one



14. Flush your device.

- Cleanse your injection cap, with an alcohol pad, for 15 seconds, using friction.
- Connect the syringe into your injection cap with a gently push and twist.
- Push approx ½ of the solution in, stop and wait a moment, and then push the remainder
- Hold the injection cap and remove the syringe by gently untwisting
- If your Nurse and Doctor ordered additional flush of Heparin, it would be done now in same fashion



15. Discard all spikes/syringes in your sharps container



Notes : _____

**If at any time you have trouble, STOP and CALL your Catholic Home Care IV nurse
631-828-7400 or the number circled on your folder
Tell Them You NEED THE IV NURSE ON CALL**

References

Infusion Nurses Society. "Infusion Nursing Standards of Practice." *Journal of Infusion Nursing* 34, no. 1S (January/February 2011): S110.
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