



Patient Name _____

Instruction Guide for Patients: Tips for Developing a Home Fire Safety Plan

Fire is Hot, Fast, Dark and produces Deadly Smoke and Gases. By following some simple fire safety practices, you can keep yourself and your family safe.

- Prevention is the best way to survive a fire!
 - Never leave cooking unattended
 - Never smoke while in bed or when drowsy
 - Do Not Smoke when oxygen is in use
 - Don't overload electrical outlets
- Know two ways out of every room in your home.
- If you have security bars on your windows, make sure you know how to unlock them.
- It is important to have a functioning smoke detector and fire extinguisher in your home. Tip: Change the batteries twice a year, when you change the clocks.
- Pick a safe and easy-to-remember place outside the home to meet your family members after you get out.
- Practice your plan!

In the event of a fire

- Feel the door with the back of your hand working from the bottom up before you open it:
 - If the door feels hot, do not open it and use your second way out.
 - If the door is cool, stay low and open it slowly.
 - Always check for smoke and fire before going out.
 - Crawl low to the floor
- Get out before phoning for help. Call 911 or the appropriate emergency number from a safe place outside the building.
- If you can, close the door behind you to help keep the fire from spreading.
- Get out and get to your preplanned meeting place. Stay outside no matter what!

Notes and Questions for my doctor or nurse: _____

