

Patient Name: _____

Care for Your Infusion Device in Between Treatments

You have a:

- PICC Mid Line Hickman/Broviac Groshong Implanted Port Short Peripheral

Your doctor has ordered some medicine to be used to help maintain it in between treatment that you can do. Remember, your nurse will take care of the dressing.



S = Saline _____ cc H = Heparin _____ cc Frequency _____

1. **Wash** hands and wrists thoroughly for 15 to 30 seconds
 - Rinse with fingers pointing down
 - Dry hands with a clean paper towel and turn off faucet with a dry paper towel

2. **Gather** and set up supplies on a clean surface
 - Prefilled Flush Syringes as instructed by the Nurse
 - Alcohol Wipes, Sharps Disposal container
 - Wash your hands again

3. **Prepare** the ordered flush syringe as directed by your nurse.
 - Remove protective cover.
 - Pull back on plunger to break seal. Point the Syringe upwards and gently push up to expel air.

4. **Flush** your device.
 - Cleanse your injection cap, with an alcohol pad, for 15 seconds, using friction. 
 - Connect the syringe into your injection cap with a gentle push and twist motion.
 - Push approx ½ of the solution in, stop and wait a moment, and then push the remainder
 - Hold the injection cap and remove the syringe by gently untwisting
 - If your Nurse and Doctor ordered additional flush of Heparin, it would be done now in same fashion

5. **Check** your device and cap throughout the day
 - Make sure your injection cap is in place
 - Make sure your dressing is intact check
 - If at any time your cap is off, dressing is off, or have trouble flushing your catheter, call the nurse

S = Saline _____ cc

A = Antibiotic (or medicine) _____ medication & frequency

S = Saline _____ cc

H = Heparin _____ cc (only if ordered)

Frequency _____

Notes: _____

References

Infusion Nurses Society. "Infusion Nursing Standards of Practice." *Journal of Infusion Nursing* 34, no. 1S (January/February 2011): S110.
New York State Department of Health, *Safe Sharp Disposal*. 2/13 <http://www.health.state.ny.us/publications/0909.pdf> (accessed 3/24/14).
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